

First-Visit Prep Guide ? Authentic Chinese Herb & Acupuncture

8146 Olive Blvd, St. Louis, MO 63130 | (314) 567-6443

Before your visit:

- Wear comfortable clothing.
- Eat a light meal if needed; avoid arriving overly hungry.
- Bring a list of medications/supplements to discuss in person.
- Arrive a few minutes early for paperwork.

This is a placeholder PDF. Replace with the clinic's official guide.